

# Nursing Profession Resource Guide



for

# School Counselors

## Preface

As part of a national program to encourage young men and women to consider a career in nursing, this *Nursing Profession Resource Guide* was prepared for NY school counselors at the middle and high school levels. The *Resource Guide* provides a variety of current information about the nursing profession including statistics, types of nursing programs in NYS and a list of nursing schools by region. It is intended to be a resource for counselors, student and parents.

Funding for the *Resource Guide* was provided by the Robert Wood Johnson Foundation (RWJF) through the Academic Progression in Nursing (APIN) grant and is part of the strategic plan of the Future of Nursing NYS Action Coalition. A task force of nursing education experts convened by the Center for Nursing at the Foundation of NYS Nurses, Inc., grantee of the APIN grant, is responsible for the development of the *Resource Guide* and its content and confirms its accuracy at the time of publication.

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## WHY NURSING?

### ***A nursing career offers many wonderful opportunities***

Nursing is a career filled with endless personal and professional rewards. Nurses save lives, provide comfort and reassurance to patients and their families during the most frightening and tragic situations, and share in the joys of birth, recovery and survival. Nurses make a difference in all that they do - it is no wonder they are time and time again considered the **most trusted profession** as cited by the annual Gallup poll on a regular basis. When young men and women choose a career in nursing they are choosing to spend their lives helping others, using skills that blend scientific knowledge with compassion and caring. There are few professions that offer such a rewarding combination of high tech and high touch.

Nursing blends science and technology with the art of caring and compassion. Nursing professionals provide preventative and restorative health care to patients in a variety of settings. Every day on the job nurses use the science they learned in nursing school and take continuing education courses throughout their careers to keep up with the latest in the medical and nursing sciences. Nurses work to promote health, prevent disease, and help patients cope with illnesses. Nursing is a science that requires in-depth knowledge, skills and understanding. Nursing deals not only with a person's biological needs, but their psychosocial, societal and cultural needs as well. Nurses work closely with doctors and other health care professionals, and serve as the advocates for patients and families.

- Registered nurses constitute the **largest health care occupation**, with almost 3 million RNs nationwide.
- There are approximately 280,000 registered nurses (RNs) and 70,000 licensed practical nurses (LPNs) licensed to practice in NYS
- About 50 % of nursing jobs are in the acute care setting (hospitals), while the rest of the jobs are spread out among numerous settings including schools, outpatient and ambulatory care centers, home care, organizations, government, etc. *(for a comprehensive list see pages 8-10)*

According to the US Bureau of Labor Statistics (BLS) Nursing is one of the top five professions projected to experience growth, with a **19% increase projected** through the year 2022. Additionally, as baby boomers retire, the US BLS predicts a **need for at least 525,000 nurses** to replace the existing nursing workforce. (<http://www.bls.gov/news.release/ecopro.t08.htm>)



## THE IMPORTANCE OF SCHOOL COUNSELORS

School Counselors can be very influential when helping college-bound students select a program of study. Counselors bring a wide range of knowledge and skills to the conversation and can help students identify their own areas of interest, their academic and personal strengths and potential areas of study where they may excel. Suggestions for what Counselors can do to introduce the option of nursing to their students are:

- Suggest nursing as a career option to students who excel or have an aptitude for science and math studies;
- Invite a local nurse or nursing student to speak at a career day;
- Offer a nursing scholarship or award at graduation;
- Place a display in the school about the variety of employment opportunities with a nursing career;
- Arrange for a high school student to spend a day on a college/university campus with a nursing student;
- Arrange for a high school student to spend a day shadowing a nurse at his or her place of employment;
- Encourage interested students to talk with the school nurse about his/her nursing education and nursing career experience;
- Provide the resources enclosed in this tool kit to interested or prospective students.



## TALKING TO MIDDLE and HIGH SCHOOL STUDENTS ABOUT CAREERS

Youth who are most likely to think about their future careers, and believe that they have a variety of career options, have high self-esteem and are able to understand and evaluate complex career information. They have families that help them learn about career choices and support their efforts, in school and outside, to prepare for a career.

But some adolescents have difficulty seeing a connection between what they learn in school, and how they behave there, and their future careers. Students who are not able to meet with a guidance counselor may not know what they need to do, and which courses they should take, in order to make their plans for the future a reality. As a result, some students who expect to go to college do not take the courses necessary for college enrollment. Unfortunately, poor students are least likely to think about how their middle and high school course choices can limit their career plans later. They may also have less family support because of all the stresses created by poverty.

Unfortunately, many youth have already limited their career aspirations by the time they reach middle school, based on false information and beliefs. For example, many boys may have sex-stereotyped views of occupations by the time they reach adolescence. Girls also acquire these views, but at a slightly older age.

- Explore with students how they can successfully live and work in a culturally diverse world.
- Help students recognize their interests, aptitudes, and abilities, and understand adult roles.
- Help students understand the broad scope of work and career possibilities available currently and in the future.
- Help students broaden their aspirations beyond the stereotypes of gender, socioeconomic status, and ethnicity.
- Integrate vocational and academic education to promote intellectual development, and the acquisition of higher level think and problem-solving skills.
- Assist with students' development of social skills, personal values, and self-esteem.
- Work with families to support their children's career aspirations.

(Excerpts from Kid Source <http://www.kidsource.com>)



## TYPES OF NURSING PROFESSIONS IN NYS

According to the NY State Education Department Office of the professions:

There are four (4) types nursing professions in NY State

1. **Licensed Practical Nurses (LPN)**
2. **Registered Professional Nurses (RN)**
3. **Nurse Practitioners (NPs)**. New York State certifies NPs to practice in one or more of the following specialty areas: Adult Health; Family Health; Gerontology; Neonatology; Obstetrics; Oncology; Pediatrics, Perinatology; Psychiatry; School Health; Women’s Health; Holistic Care; and Palliative care.
4. **Clinical Nurse Specialists (CNSs)**. New York State certifies CNSs to practice in one or more of the following specialty areas: Adult Health; Pediatrics; Psychiatric/Mental Health; and Oncology.

There are two (2) other types of advanced practice registered nurses (master or doctoral preparation):

1. **Nurse Midwife** - a registered **nurse** with additional training as a **midwife** who delivers infants and provides prenatal and postpartum care, newborn care, and some routine care of women.



2. **Certified Nurse Anesthetist (CRNA)**- CRNAs provide anesthesia in collaboration with surgeons, anesthesiologists, dentists, podiatrists, and other qualified healthcare professionals.



(For more information visit: <http://www.op.nysed.gov/prof/nurse/nursepracticefaq.htm>)

## LICENSED PRACTICAL NURSING

Some registered nurses begin their nursing careers as licensed practical nurses (LPNs). Practical nurse education usually consists of approximately one year of academic and clinical education. At the conclusion, the graduate practical nurse is awarded a practical nurse certificate, and is eligible to take the NCLEX-PN licensure exam.

Licensed practical nurses must work under the supervision of a registered nurse, a physician or other licensed health care professional. LPNs often are employed in doctors' offices or nursing homes or in rehabilitation facilities.

LPNs may be eligible to continue their education in nursing to become registered nurses. Often, qualified practical nurses enter associate degree nursing programs. In certain instances, they may be given credit for their practical nursing education and may take advantage of advanced placement opportunities.

Requirements for advanced placement vary from school to school, and may involve demonstrating knowledge through examinations and skills through demonstration.



Certain associate degree programs participate in what is known as "The PN-to-RN Articulation Model". These NYS programs may give qualified LPNs 12 to 15 credits in nursing, and may advance place these candidates into the second year of an associate degree curriculum. In this instance, the LPN must take a PN-to-RN Transition course, which is offered at these institutions. The Transition course, a non-credit bearing course, focuses on the transition from the role of the practical nurse to the role of the registered professional nurse. Visit the website for additional information: <http://www.lpntorn.info>



## DIFFERENT SCOPE OF PRACTICE FOR LPNs and RNs

Licensed Practical Nurse (LPN)	Registered Nurse (RN)
<b>Job duties</b>	
<p>Provide basic medical and nursing care such as checking blood pressure and inserting catheters, ensure the comfort of patients by helping them bathe or dress, discuss health care with patients, and report status of patients to registered nurses and doctors.</p>	<p>Administer medication and treatment to patients, coordinate plans for patient care, perform diagnostic test and analyze results, instruct patients on how to manage illnesses after treatment, and oversee other workers such as LPNs, nursing aides, and home care aides.</p>
<b>Education</b>	
<p>You must complete an accredited practical nursing program which usually takes about one year to complete. These programs are most often taken at technical or community colleges. Courses usually combine academia in nursing, biology, and pharmacology, in addition to supervised clinical experiences.</p>	<p>Three educational options are available: a bachelor's of science in nursing (BSN), an associate's degree in nursing (ADN), or a diploma from an approved nursing program. BSNs usually take four years to complete, whereas ADN and diploma programs usually require two to three years to complete. All programs include courses in social, behavior and physical science in addition to clinical experiences in various workplaces.</p>
<b>Licensing / certification</b>	
<p>After completing your practical nursing course from a state-approved program, you'll receive a certification in practical nursing. Once that is completed, you must take the National Council Licensure Examination (NCLEX-PN) in order to obtain a license and be able to work as an LPN.</p>	<p>All registered nurses require a nursing license acquired by completing an accredited nursing program and passing the National Council Licensure Examination (NCLEX-RN). Some RNs may choose to become certified through professional associations in certain specialties. Certification is usually voluntary, but some advanced positions require it.</p>

Sources: U.S. Bureau of Labor Statistics 2016-17 Occupational Outlook Handbook; Licensed Practical and Licensed Vocational Nurses; Registered Nurses.

## WHERE DO NURSES WORK?

Nurses work in many settings and specialty areas: taking care of adults, families, geriatric patients, premature babies, maternity patients, serving the military, patients with cancer, school children, office workers, college students, homeless people, sports teams, psychiatric patients, and other settings.

Here is a list of 50 settings where nurses are hard at work:

1. Ambulatory care
2. As camp nurses
3. As entrepreneurs
4. As flight nurses
5. As forensic specialists
6. As informatics specialists
7. As inventors
8. As journalists
9. As legal consultants
10. As parish nurses
11. As Peace Corps volunteers
12. As wound care specialists
13. Birth Centers
14. Blood Banks
15. Call Centers
16. Case management
17. Clinics



18. Daycare centers and Head Start programs
19. Diabetic clinics
20. Dialysis Centers
21. Federal, State and local health department
22. For publishers and as writers
23. For the Indian Health Service
24. For the World Health Organization
25. Hospitals
26. In occupational and employee healthcare
27. In flu clinics
28. In government facilities
29. In home care
30. In hyperbaric/baromedical settings
31. In research activities
32. In simulation labs
33. In the beauty industry as medical esthetics nurses
34. In the insurance industry
35. In the military: US Army Nurses, US Navy Nurses
36. Medical equipment manufacturers
37. Nursing homes
38. On cruise ships
39. On oil rigs
40. On the set of movie and television productions



41. Pharmaceutical Companies
42. Physicians' offices
43. Private practice
44. Professional Associations
45. Public Health
46. Positions in nursing leadership
47. Red Cross
48. Retail clinics
49. Schools and Academic settings
50. Travel nursing



(For more information see links on the inside back cover)

## WHAT DO NURSES DO?

According to the American Nursing Association (ANA) nurses have many responsibilities, such as:

- Perform physical exams and health histories
- Provide health promotion, counseling and education
- Administer medications, wound care, and numerous other personalized interventions
- Interpret patient information and make critical decisions about needed actions
- Coordinate care, in collaboration with a wide array of healthcare professionals
- Direct and supervise care delivered by other healthcare personnel like LPNs and nurse aides
- Conduct research in support of improved practice and patient outcomes

### Settings:

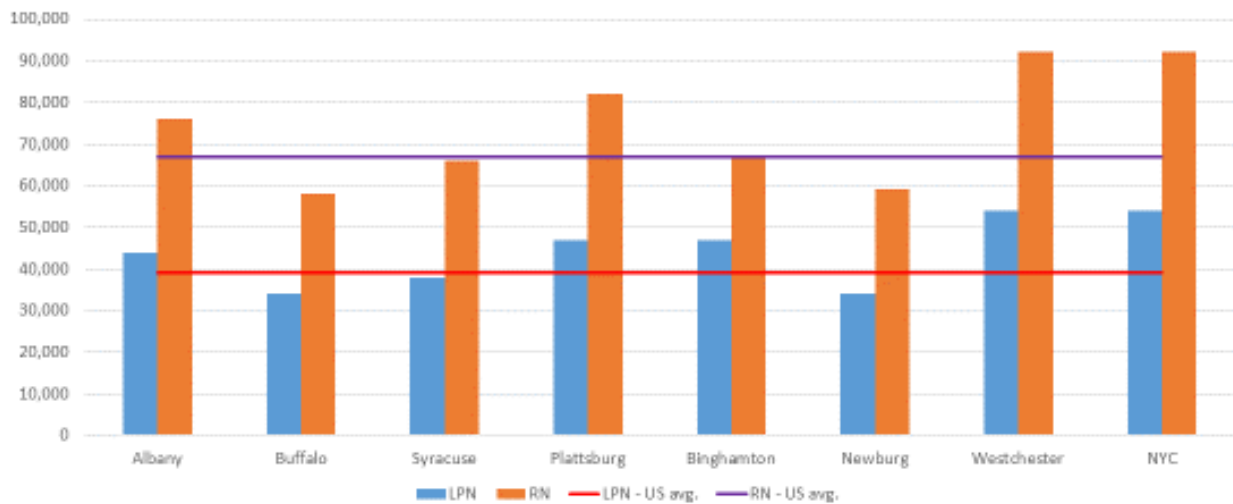
RNs practice in all healthcare settings: hospitals, nursing homes, medical offices, ambulatory care centers, community health centers, schools, and retail clinics. They also provide health care in more surprising locations such as camps, homeless shelters, prisons, sporting events and tourist destinations

Source: <http://www.nursingworld.org/EspeciallyForYou/What-is-Nursing/Tools-You-Need/RNsAPNs.html>

## AVERAGE SALARIES OF NURSES IN NY

Depending upon the region of the state and the setting in which one works, salaries for RNs can range from \$55,000 to \$92,000. An average salary range for LPNs is \$32,000 to \$54,000. The following graph depicts the current average salaries for different regions of NYS.

### Average Salary Comparison of RN and LPN in NY



Many employers offer flexible work schedules, childcare, educational benefits, and bonuses.

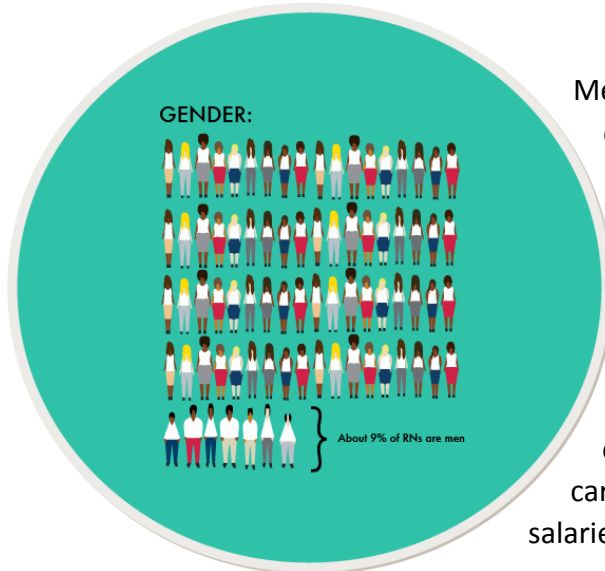
Nurses who work in hospitals and nursing care facilities usually work in rotating shifts, covering all 24 hours. They may work nights, weekends, and holidays. They may be on call, which means they are on duty and must be available to work on short notice. Nurses who work in offices, schools, and other places that do not provide 24-hour care are more likely to work regular business hours.

Many nurses choose to work part times so they can raise their families or continue on for further education.



## MEN IN THE NURSING PROFESSION

In NY State, about 15% of active nurses are men, which is higher than the national average of 10.7%. (<http://www.travelnursing.com/where-the-male-nurses-are/>). The number of men in nursing has steadily increased over the last decade.



Sources  
 1. The US Nursing Workforce: Trends in Supply and Education, Health Resources and Services Administration, Bureau of Health Professions, National Center for Health Workforce Analysis, April 2013  
 2. The Registered Nurse Population: Findings from the 2008 National Sample Survey of Registered Nurses, US Department of Health and Human Services, Health Resources and Services Administration, September 2010

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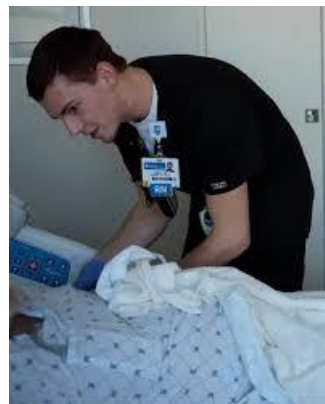
Men generally report that their reasons for choosing nursing as a career include helping people, the ability to make meaningful contributions to society, upward career mobility, financial security and flexible scheduling.

(<http://aamn.org/docs/meninursing2005survey.pdf>)

Many men have chosen nursing as a second career, following military training, or as a response to the recession. Some of the key benefits of choosing nursing as a career include having a stable career with many options for career paths, flexibility in scheduling, excellent benefits, and good salaries.

Special challenges men in nursing face include stereotyping, lack of male role models and mentors, marginalization, working in a traditionally female profession and lack of guidance information in high school. Topics of interest for high school boys considering nursing as a career may include detailed information about admissions requirements, internships, scholarships and mentoring programs for men. Key themes to include when discussing nursing as a career for men include: inclusive, non-gender specific details about the work nurses do, stable employment opportunities, high technical and hands on skills, autonomy.

(Source: Zamanzadeh, V., Valizadeh, L., Negarandeh, R., Monadi, M., & Azadi, A. (2013). Factors Influencing Men Entering the Nursing Profession, and Understanding the Challenges Faced by Them: Iranian and Developed Countries' Perspectives. *Nursing and Midwifery Studies*. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC42289>)



Source: U.S. Air Force Photo by Staff Sgt. Joseph Swafford J

## DISPELLING MYTHS ABOUT NURSING

***Nursing school is for people who can't get into medical school:*** Certainly not true! While the length of time from training to practice may be different, choosing a career in nursing or medicine is a personal decision and the pathways to each profession are similar in relation to the courses taken at the undergraduate level. Acceptance to nursing school and medical school are both competitive and require certain aptitudes and academic achievements to be successful.

***I am not smart enough to get into nursing school:*** Nursing school is rigorous and requires many hours of study and discipline to be successful. However, with the proper preparation and course selections during middle and high school, most students can become qualified candidates for acceptance into nursing school.

***Nursing is for Women Only:*** There are approximately 3 million RNs and 700,000 LPNs in the US, and nearly 10% (370,000) are men.

***Male nurses are predominantly homosexual:*** A person's sexual orientation is irrelevant to being a competent professional nurse and providing quality care. Men should not be dissuaded from considering a career in nursing for fear of being stereotyped in any way.

***Female nurses are sex objects, promiscuous, "handmaidens" to physicians, "bedpan pushers", drug addicts or "hell-raisers".*** Most female (and male) nurses are upstanding, educated professionals who take the privilege of their nursing license seriously. The entertainment industry and media have portrayed nurses in negative ways which has led to a gross misrepresentation of the profession and a misunderstanding by the public.

***I can go to a 2 year associate degree program to become an RN so why should I spend the time or money to go to a 4 year program?*** You can obtain the necessary basic training to apply for licensure as an RN through an accredited 2-year associate degree nursing program. However, the additional knowledge and skills learned at the baccalaureate level better prepares individuals to meet the challenges and requirements of a changing health care delivery system. Recent research has found that better patient outcomes, such as reduced infection rates, shorter hospital stays, and fewer patient falls, are achieved when patients are cared for by nurses with bachelor's degrees. The courses offered at the 4-year level Bachelor of Science in Nursing include research & statistics, community health and leadership, to name a few, that enable the new nurse to gain the confidence and attributes needed for competent practice once licensed. All RNs, regardless of their area or setting of practice, lead teams and manage the care of patients and need to work collaborative and collegially with all members of the health care team.



## WHAT IS EXPECTED OF THE PROFESSIONAL NURSE

Being licensed as a nurse in NYS is a privilege and nurses are expected to conduct themselves in a professional manner at all times and abide by the rules and regulations that govern their practice. All nursing practice is performed in accordance with established standards, policies and procedures.

**Ethics:** Nurses are confronted with ethical issues in their everyday practice and have a code that guides their decision making. The Code of Ethics can be found on the American Nurses Association Website

<http://www.nursingworld.org/codeofethics>

**Hours of work:** This is dependent on the nurse's place of employment. In places where there is 24 hour care nurses are often assigned to work a shift for a set number of hours, such as an 8 hour shift, 10 hour shift or 12 hour shift. These shifts can involve day, evening or night hours. Some settings also require that nurses work weekends and holidays.

## HOW DOES SOMEONE BECOME A NURSE

### Associates Degree (2 years as a full time student)

- Usually 2-3 years depending on when and how you complete co-requisites\*
- After completion of the program, you are eligible to take the RN licensing exam called the NCLEX
- After completion of an associate degree program, you would need to apply to a RN→BS program to obtain further education for broader job opportunities.

### Bachelor's Degree (4 years as a full time student)

- Typically a 4 year program but can be done over several years part time
- Many BS programs offer online and weekend/night class options
- You would receive nursing education along with a general education with English and history courses
- You would be eligible to sit for the RN licensing exam (NCLEX) after completing the 4 year curriculum.
- BS degree allows you more job opportunities and easy transition to graduate school

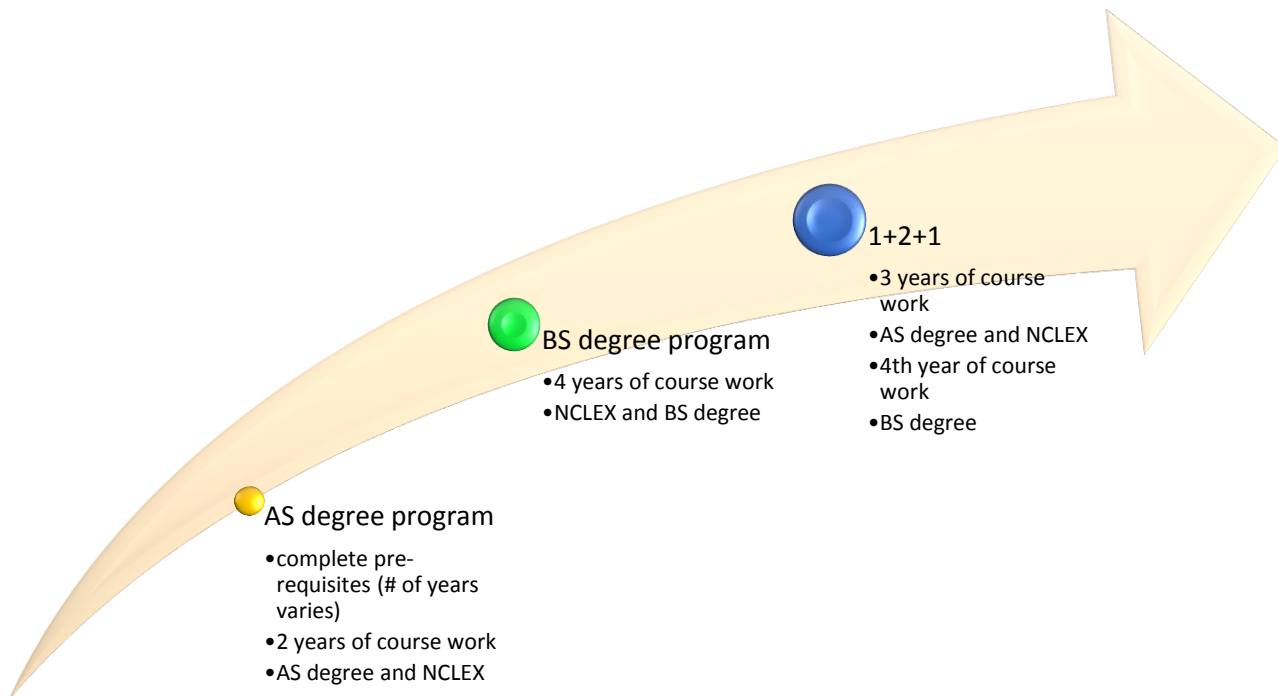
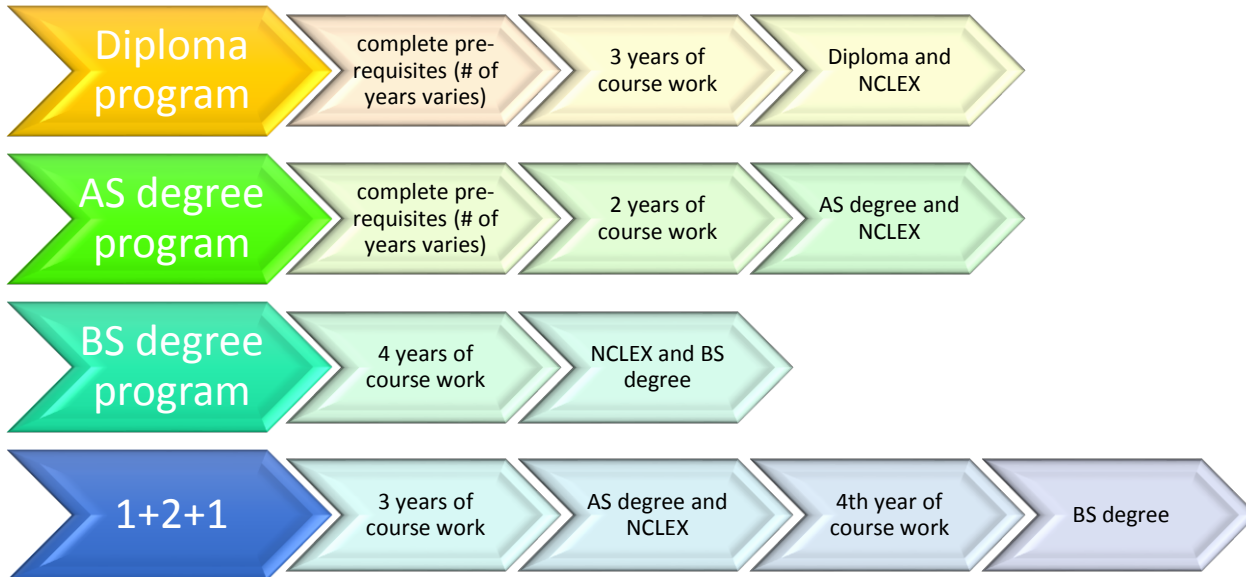
### 1+2+1 AS and BS Degree

- 4 year program
- You would receive nursing education along with a general education courses
- You would receive AS degree after 3<sup>rd</sup> year
- You would be eligible to sit for NCLEX after 3<sup>rd</sup> year



- You would be able to work as an RN during last year of school
- You would receive BS degree after the 4<sup>th</sup> year

\*co-requisites include: Chemistry, Anatomy and Physiology, Microbiology,



## NURSING PROGRAMS IN NYS



## ASSOCIATE DEGREE PROGRAMS

### Central Region

Facility	Address	Website
Broome Community College	Upper Front Street Binghamton, NY 13902	<a href="http://www1.sunybroome.edu/">http://www1.sunybroome.edu/</a>
Cayuga County Community College	Franklin Street Auburn, NY 13021	<a href="http://www.cayuga-cc.edu/">http://www.cayuga-cc.edu/</a>
Onondaga Community College	Onondaga Hill Syracuse, NY 13215	<a href="http://www.sunyocc.edu/">http://www.sunyocc.edu/</a>
Crouse Hospital College of Nursing	736 Irving Avenue Syracuse, NY 13210	<a href="http://crouse.org/nursing/">http://crouse.org/nursing/</a>
St. Joseph's College of Nursing	206 Prospect Avenue Syracuse, NY 13203	<a href="http://www.sjhcon.edu/">http://www.sjhcon.edu/</a>
SUNY College of Technology at Delhi	Main Street Delhi, NY 13753	<a href="http://www.delhi.edu/">http://www.delhi.edu/</a>

SUNY College of Technology at Morrisville	Bailey Annex Morrisville, NY 13408	<a href="http://www.morrisville.edu/">http://www.morrisville.edu/</a>
Tompkins-Cortland Community College	170 North Street Dryden, NY 13053	<a href="http://www.tc3.edu/">http://www.tc3.edu/</a>

## Genesee Valley Region

Facility	Address	Website
Finger Lakes Community College	4355 Lake Shore Drive Canandaigua, NY 14424	<a href="http://www.flcc.edu/">http://www.flcc.edu/</a>
Finger Lakes Health College of Nursing	196 North Street Geneva, NY 14456	<a href="http://www.flhealth.org/">http://www.flhealth.org/</a>
Corning Community College	1 Academic Drive Corning, NY 14830-3297	<a href="https://www.corning-cc.edu/">https://www.corning-cc.edu/</a>
Genesee Community College	1 College Road Batavia, NY 14020	<a href="http://www.genesee.edu/">http://www.genesee.edu/</a>
Monroe Community College	1000 E. Henrietta Road Rochester, NY 14623	<a href="http://www.monroecc.edu/">http://www.monroecc.edu/</a>

## Long Island Region

Facility	Address	Website
Nassau Community College	1 Education Drive, Rm. V210 Garden City, NY 11530	<a href="http://www.ncc.edu/">http://www.ncc.edu/</a>
SUNY at Farmingdale	2350 Route 110 Farmingdale, NY 11735	<a href="http://www.farmingdale.edu/">http://www.farmingdale.edu/</a>
SBI Campus- Sanford Brown	320 South Service Road Melville, NY 11747	<a href="http://www.sbmelville.edu/">http://www.sbmelville.edu/</a>
Suffolk County Community College - Western Campus	Crooked Hill Road Brentwood, NY 11717	<a href="http://www.sunysuffolk.edu/">http://www.sunysuffolk.edu/</a>
Suffolk County Community College	533 College Road Selden, NY 11784-2899	<a href="http://www.sunysuffolk.edu/">http://www.sunysuffolk.edu/</a>

## Metropolitan Region

Facility	Address	Website
Phillips Beth Israel	310 East 22nd Street New York, NY 10010	<a href="http://pbisn.edu/">http://pbisn.edu/</a>
ASA College	81 Willoughby Street Brooklyn, NY 11201	<a href="http://www.asa.edu/">http://www.asa.edu/</a>

St. Paul's School of Nursing- Staten Island	2 Teleport Drive, 2nd Floor Staten Island, NY 10311	<a href="http://www.stpaulsschoolofnursing.com/">http://www.stpaulsschoolofnursing.com/</a>
St. Paul's School of Nursing- Queens	30-50 Whitestone Expy Flushing, NY 11354	<a href="http://www.stpaulsschoolofnursing.com/">http://www.stpaulsschoolofnursing.com/</a>
Swedish Institute, Inc	226 West 26th Street New York, NY 10001	<a href="http://www.swedishinstitute.edu/">http://www.swedishinstitute.edu/</a>
CUNY Borough of Manhattan Community College	199 Chambers St., So. 785 New York, NY 10019	<a href="http://www.bmcc.cuny.edu/">http://www.bmcc.cuny.edu/</a>
Bronx Community College	University Avenue & W. 181st St. Bronx, NY 10453	<a href="http://www.bcc.cuny.edu/">http://www.bcc.cuny.edu/</a>
Hostos Community College	475 Grand Concourse Bronx, NY 10451	<a href="http://www.hostos.cuny.edu/">http://www.hostos.cuny.edu/</a>
Kingsborough Community College	2001 Oriental Boulevard Brooklyn, NY 11235	<a href="http://www.kingsborough.edu">http://www.kingsborough.edu</a>
LaGuardia Community College	31-10 Thomson Ave., E-300 Long Island City, NY 11101	<a href="http://www.laguardia.edu">http://www.laguardia.edu</a>
Medgar Evers College	1150 Carroll Street Brooklyn, NY 11225	<a href="http://www.mec.cuny.edu/">http://www.mec.cuny.edu/</a>
Monroe College	2501 Jerome Avenue Bronx, NY 10468	<a href="https://www.monroecollege.edu/">https://www.monroecollege.edu/</a>
New York City Technical College	300 Jay Street Brooklyn, NY 11201	<a href="http://www.citytech.cuny.edu/">http://www.citytech.cuny.edu/</a>
Queensborough Community College	222-05 56th Avenue Bayside, NY 11364	<a href="http://www.qcc.cuny.edu/">http://www.qcc.cuny.edu/</a>
The College of Staten Island	2800 Victory Blvd. Staten Island, NY 10314	<a href="http://www.csi.cuny.edu/">http://www.csi.cuny.edu/</a>
Helene Fuld College of Nursing of North General Hospital	24 East 120th Street New York, NY 10035	<a href="https://www.helenefuld.edu/">https://www.helenefuld.edu/</a>
Touro College	5323 18th Avenue Brooklyn, NY 11204	<a href="https://www.touro.edu/">https://www.touro.edu/</a>

## Mid-Hudson Region

Facility	Address	Website
Cochran School of Nursing (St. John's Riverside Hospital)	967 North Broadway Yonkers, NY 10701	<a href="http://www.cochranschoolofnursing.us/">http://www.cochranschoolofnursing.us/</a>
Dutchess Community College	53 Pendell Road Poughkeepsie, NY 12601-1595	<a href="http://www.sunydutchess.edu/">http://www.sunydutchess.edu/</a>
Montefiore School of Nursing	53 Valentine Street Mount Vernon, NY 10550	<a href="http://www.montefiore.org/">http://www.montefiore.org/</a>

Orange County Community College	115 South Street Middletown, NY 10940	<a href="http://www.sunyorange.edu/">http://www.sunyorange.edu/</a>
Rockland Community College	145 College Road Suffern, NY 10901	<a href="http://www.sunyrockland.edu/">http://www.sunyrockland.edu/</a>
Sullivan County Community College	122 College Road, P.O. Box 4002 Loch Sheldrake, NY 12759	<a href="http://www.sunysullivan.edu/">http://www.sunysullivan.edu/</a>
Ulster County Community College	Stone Ridge, NY 12484	<a href="https://www.sunyulster.edu/">https://www.sunyulster.edu/</a>
Westchester Community College	75 Grasslands Road Valhalla, NY 10595	<a href="http://www.sunywcc.edu/">http://www.sunywcc.edu/</a>

## Northeast Region

Facility	Address	Website
Adirondack Community College	Bay Road Queensbury, NY 12804	<a href="http://www.sunyacc.edu/">http://www.sunyacc.edu/</a>
Clinton Community College	136 Clinton Point Drive Plattsburgh, NY 12901-6002	<a href="http://www.clinton.edu/">http://www.clinton.edu/</a>
Columbia-Greene Community College	Box 4400, Rt. 23 Hudson, NY 12534-0327	<a href="http://www.sunycgcc.edu/">http://www.sunycgcc.edu/</a>
Ellis Hospital, The Belanger School of Nursing	1101 Nott Street Schenectady, NY 12308	<a href="http://www.ellismedicine.org">http://www.ellismedicine.org</a>
Excelsior College	7 Columbia Circle Albany, NY 12203-5159	<a href="http://www.excelsior.edu/">http://www.excelsior.edu/</a>
Fulton-Montgomery Community College	2805 State Hwy. 67 Johnstown, NY 12095-3790	<a href="http://www.fmcc.edu/">http://www.fmcc.edu/</a>
Hudson Valley Community College	80 Vandenburg Avenue Troy, NY 12180	<a href="https://www.hvcc.edu/">https://www.hvcc.edu/</a>
Maria College	700 New Scotland Avenue Albany, NY 12208	<a href="http://www.mariacollege.edu">http://www.mariacollege.edu</a>
Memorial Hospital School of Nursing	600 Northern Boulevard Albany, NY 12204	<a href="http://www.nehealth.com/son/">http://www.nehealth.com/son/</a>
Mohawk Valley Community College	1101 Sherman Drive Utica, NY 13501	<a href="https://www.mvcc.edu/">https://www.mvcc.edu/</a>
North Country Community College	20 Winona Avenue Saranac Lake, NY 12983	<a href="http://www.nccc.edu/">http://www.nccc.edu/</a>
St. Elizabeth College of Nursing	2215 Genesee Street Utica, NY 13501	<a href="http://www.secon.edu/">http://www.secon.edu/</a>
Samaritan Hospital	2215 Burdett Avenue Troy, NY 12180	<a href="http://www.nehealth.com/son/">http://www.nehealth.com/son/</a>

## Northern Region

Facility	Address	Website
Jefferson Community College	Outer Coffeen Street Watertown, NY 13601	<a href="http://www.sunyjefferson.edu/">http://www.sunyjefferson.edu/</a>
North Country Community College	11 Hawkeye Trail Ticonderoga, NY 12883	<a href="http://www.nccc.edu/">http://www.nccc.edu/</a>
SUNY College of Technology at Canton	Cornell Drive Canton, NY 13617	<a href="http://www.canton.edu/">http://www.canton.edu/</a>

## Western Region

Facility	Address	Website
Erie Community College North Campus	6205 Main Street Williamsville, NY 14221-7095	<a href="https://www.ecc.edu/">https://www.ecc.edu/</a>
Erie Community College City Campus	121 Ellicott Street Buffalo, NY 14203	<a href="https://www.ecc.edu/">https://www.ecc.edu/</a>
Jamestown Community College	525 Falconer Street Jamestown, NY 14702-0020	<a href="https://www.sunyjcc.edu/">https://www.sunyjcc.edu/</a>
Niagara County Community College	3111 Saunders Settlement Rd. Sanborn, NY 14132	<a href="http://www.niagaracc.suny.edu/">http://www.niagaracc.suny.edu/</a>
SUNY College of Technology at Alfred	Allied Health Bldg., 3rd Fl., Alfred, NY 14802	<a href="https://www.alfredstate.edu/">https://www.alfredstate.edu/</a>
Trocaire College	360 Choate Avenue Buffalo, NY 14220	<a href="http://www.trocaire.edu/">http://www.trocaire.edu/</a>

<http://www.op.nysed.gov/prof/nurse/nurseprogs-assoc.htm> October 20, 2015



## BACCALAUREATE PROGRAMS

### Central Region

Facility	Address	Website
Hartwick College	Miller Science Building, Rm. 421 Oneonta, NY 13820	<a href="http://www.hartwick.edu/">http://www.hartwick.edu/</a>
SUNY Delhi	Main Street Delhi, NY 13753	<a href="http://www.delhi.edu/">http://www.delhi.edu/</a>
Le Moyne College	1419 Salt Springs Road Syracuse, NY 13214	<a href="http://lemoyne.edu/">http://lemoyne.edu/</a>
SUNY Morrisville State College	Bailey Annex Morrisville, NY 13408	<a href="http://www.morrisville.edu/">http://www.morrisville.edu/</a>
SUNY Binghamton	P.O. Box 6000 Binghamton, NY 13902-6000	<a href="http://www.binghamton.edu">http://www.binghamton.edu</a>
SUNY Health & Science Center Syracuse (SUNY Upstate)	750 East Adams Street Syracuse, NY 13210	<a href="http://www.upstate.edu/">http://www.upstate.edu/</a>
Utica College	1600 Burrstone Road Utica, NY 13502	<a href="http://www.utica.edu/">http://www.utica.edu/</a>
SUNY Polytechnic Institute	P.O. Box 3050 Utica, NY 13504	<a href="https://sunypoly.edu/">https://sunypoly.edu/</a>

### Genesee Valley Region

Facility	Address	Website
St. John Fisher College	3690 East Avenue Rochester, NY 14618	<a href="http://www.sjfc.edu/">http://www.sjfc.edu/</a>
Elmira College	Park Place Elmira, NY 14901	<a href="http://www.elmira.edu/">http://www.elmira.edu/</a>
Keuka College	One Keuka Business Park Penn Yan, NY 14527	<a href="http://keuka.edu/">http://keuka.edu/</a>
Nazareth College	4245 East Avenue Rochester, NY 14618-3790	<a href="https://www2.naz.edu/">https://www2.naz.edu/</a>
Roberts Wesleyan College	2301 Westside Drive Rochester, NY 14624-1997	<a href="https://www.roberts.edu/">https://www.roberts.edu/</a>
SUNY College at Brockport	350 New Campus Drive Brockport, NY 14420	<a href="http://www.brockport.edu/">http://www.brockport.edu/</a>
University of Rochester	601 Elmwood Avenue Rochester, NY 14642	<a href="https://www.rochester.edu/">https://www.rochester.edu/</a>

## Long Island Region

Facility	Address	Website
Adelphi University	South Avenue Garden City, NY 11530	<a href="http://www.adelphi.edu">http://www.adelphi.edu</a>
Briarcliffe College	1055 Stewart Avenue Bethpage, NY 11714	<a href="http://www.briarcliffe.edu/">http://www.briarcliffe.edu/</a>
Long Island University - C.W. Post Campus	Northern Boulevard Brookville, NY 11548	<a href="http://www.liu.edu/cwis/cwp/">http://www.liu.edu/cwis/cwp/</a>
Molloy College	1000 Hempstead Avenue Rockville Centre, NY 11570	<a href="http://www.molloy.edu/">http://www.molloy.edu/</a>
St. Joseph's College - Suffolk Campus	155 West Road Boulevard Patchogue, NY 11772	<a href="http://www.sjcny.edu/long-island">http://www.sjcny.edu/long-island</a>
SUNY Stony Brook	Health Sciences Center Stony Brook, NY 11794-8240	<a href="http://www.stonybrook.edu/">http://www.stonybrook.edu/</a>
SUNY College at Farmingdale	2350 Route 110 Farmingdale, NY 11735	<a href="http://www.farmingdale.edu/">http://www.farmingdale.edu/</a>
New York Institute of Technology - Old Westbury Campus	P.O. Box 170 Old Westbury, NY 11568	<a href="http://www.nyit.edu/">http://www.nyit.edu/</a>

## Metropolitan Region

Facility	Address	Website
Lehman College	250 Bedford Park Boulevard Bronx, NY 10468	<a href="http://www.lehman.cuny.edu/">http://www.lehman.cuny.edu/</a>
New York City College of Technology	300 Jay Street Brooklyn, NY 11201	<a href="http://www.citytech.cuny.edu/">http://www.citytech.cuny.edu/</a>
CUNY Graduate School	119 West 31st Street, 10th Flr New York, NY 10001	<a href="http://www.gc.cuny.edu/Home">http://www.gc.cuny.edu/Home</a>
Hunter College	425 East 25th Street New York, NY 10010	<a href="http://www.hunter.cuny.edu">http://www.hunter.cuny.edu</a>
Medgar Evers College	1150 Carroll Street Brooklyn, NY 11225	<a href="http://www.mec.cuny.edu/">http://www.mec.cuny.edu/</a>
The College of Staten Island	2800 Victory Blvd. Staten Island, NY 10314	<a href="http://www.csi.cuny.edu/">http://www.csi.cuny.edu/</a>
York College	94-20 Guy R. Brewer Blvd. Jamaica, NY 11451	<a href="https://www.york.cuny.edu/">https://www.york.cuny.edu/</a>
College of Mount Saint Vincent	6301 Riverdale Avenue Riverdale, NY 10471	<a href="https://www.mountsaintvincent.edu/">https://www.mountsaintvincent.edu/</a>



Columbia University	630 West 168th Street New York, NY 10032	<a href="http://www.columbia.edu/">http://www.columbia.edu/</a>
Long Island University	1 University Plaza Brooklyn, NY 11201	<a href="http://www.liu.edu/">http://www.liu.edu/</a>
New York University	726 Broadway, 10th Floor New York, NY 10003	<a href="http://www.nyu.edu/">http://www.nyu.edu/</a>
Pace University	1 Pace Plaza New York, NY 10038	<a href="http://www.pace.edu/">http://www.pace.edu/</a>
Pacific College of Oriental Medicine	915 Broadway, 2nd Floor New York, NY 10010	<a href="http://www.pacificcollege.edu/">http://www.pacificcollege.edu/</a>
St. Francis College	180 Remsen Street Brooklyn, NY 11201	<a href="http://www.sfc.edu/">http://www.sfc.edu/</a>
St. Joseph's College-Main Campus	245 Clinton Avenue Brooklyn, NY 11205	<a href="http://www.sjcny.edu/">http://www.sjcny.edu/</a>
SUNY Health Science Center-Brooklyn (SUNY Downstate)	450 Clarkson Ave., Box 22 Brooklyn, NY 11203	<a href="http://www.downstate.edu/">http://www.downstate.edu/</a>
Touro College	5323 18th Avenue Brooklyn, NY 11204	<a href="https://www.touro.edu/">https://www.touro.edu/</a>
Wagner College	One Campus Road Staten Island, NY 10301	<a href="http://wagner.edu/">http://wagner.edu/</a>

## Mid-Hudson Region

Facility	Address	Website
College of New Rochelle	29 Castle Place New Rochelle, NY 10805	<a href="http://www.cnr.edu/">http://www.cnr.edu/</a>
Concordia College	171 White Plains Bronxville, NY 10708	<a href="http://www.concordia-ny.edu/">http://www.concordia-ny.edu/</a>
Dominican College of Blauvelt	470 Western Highway Orangeburg, NY 10962	<a href="http://www.dc.edu/">http://www.dc.edu/</a>
Pace University	861 Bedford Road Pleasantville, NY 10570	<a href="http://www.pace.edu/">http://www.pace.edu/</a>
Mercy College	555 Broadway Dobbs Ferry, NY 10522	<a href="https://www.mercy.edu/">https://www.mercy.edu/</a>
Mount Saint Mary College	330 Powell Avenue Newburgh, NY 12550	<a href="http://www.msmc.edu/">http://www.msmc.edu/</a>
Nyack College	1 South Boulevard Nyack, NY 10960	<a href="http://www.nyack.edu/">http://www.nyack.edu/</a>

## Northeast Region

Facility	Address	Website
Excelsior College	7 Columbia Circle Albany, NY 12203-5159	<a href="http://www.excelsior.edu/">http://www.excelsior.edu/</a>
Maria College	700 New Scotland Avenue Albany, NY 12208	<a href="http://www.mariacollege.edu">http://www.mariacollege.edu</a>
The Sage Colleges	45 Ferry Street Troy, NY 12180	<a href="http://www.sage.edu/">http://www.sage.edu/</a>
Siena College Baldwin Nursing Program	515 Loudon Rd. Loudonville, NY 12211	<a href="http://info.siena.edu/nursing">http://info.siena.edu/nursing</a>
SUNY College at Plattsburgh	101 Broad Street Plattsburgh, NY 12901-2681	<a href="http://www.plattsburgh.edu/">http://www.plattsburgh.edu/</a>
SUNY College at Plattsburgh at Queensbury	Suite 115, J. Buckley Bryan RHEC Queensbury, NY 12804	<a href="http://www.plattsburgh.edu">http://www.plattsburgh.edu</a>
SUNY College of Technology at Canton	34 Cornell Drive Canton, NY 13617	<a href="http://www.canton.edu/">http://www.canton.edu/</a>
SUNY Empire State College	One Union Avenue Saratoga Springs, NY 12866-4391	<a href="http://www.esc.edu/">http://www.esc.edu/</a>

## Western Region

Facility	Address	Website
Daemen College	4380 Main Street Amherst, NY 14226	<a href="http://www.daemen.edu/">http://www.daemen.edu/</a>
D'Youville College	585 Prospect Avenue Buffalo, NY 14213	<a href="http://www.dyc.edu/">http://www.dyc.edu/</a>
Niagara University	P.O. Box 2026 Niagara University, NY 14109	<a href="http://www.niagara.edu/">http://www.niagara.edu/</a>
SUNY at Buffalo	Wende Hall, South Campus 3435 Main Street Buffalo, NY 14214-8013	<a href="http://www.buffalo.edu/">http://www.buffalo.edu/</a>
Trocaire College	360 Choate Avenue Buffalo, NY 14220	<a href="http://www.trocaire.edu/">http://www.trocaire.edu/</a>

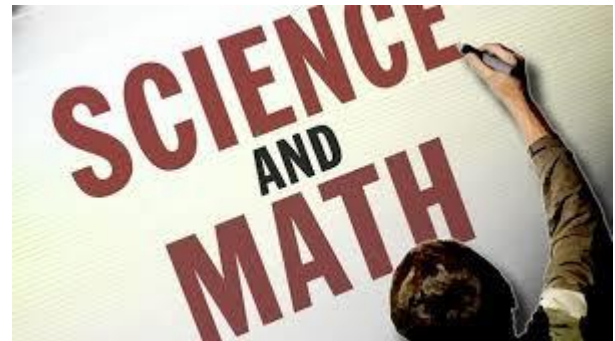
<http://www.op.nysed.gov/prof/nurse/nurseprogs-bacc.htm> October 20, 2015

## TYPICAL COURSEWORK REQUIRED IN A NURSING PROGRAM

Courses taken in nursing school include some general education courses in language arts and math as well as courses in statistics, anatomy/physiology, microbiology, chemistry, psychology, sociology, history, foreign language, humanities, and computer science. In addition, all nursing programs include specialized courses in pharmacology, nutrition, fundamentals of nursing, medical-surgical, pediatrics, obstetrics/gynecology, psychiatric/behavioral health. Bachelor level programs provide courses in community health, health policy, nursing theory, and leadership.

## NURSING SCHOOL READINESS

Aspiring nurses should have strong academics, particularly in math and science courses, in order to be successful in nursing school. Many nursing schools require a placement test which evaluates your reading,



math, science and critical thinking skills. Many nursing schools will require SAT scores as part of their admission criteria. Requirements vary for each school so it is important to check with the school you are interested in applying to find out if they require other courses or prerequisites.

Course work in high school should include English and language arts, math and sciences, especially biology, and chemistry. Admission to nursing school is competitive and a high school grade point average does matter. Many candidates will be at an advantage if they have Advanced Placement Courses (AP) on their transcript.

As with any application to a college or university, participation in extra-curricular activities such as sports, music, theatre, clubs and community service will enhance your application.

## WHAT IS THE NATIONAL COUNCIL LICENSURE EXAM

A practicing nurse in any state requires you to have license. To obtain a nursing license you need to graduate from an accredited nursing education program and pass an exam called National Council Licensure Examination (NCLEX).

### What is NCLEX?

The National Council Licensure Examination, also known as the NCLEX exam, is a standardized computerized exam that each **state board of nursing** uses to determine whether or not a candidate is prepared for entry-level nursing practice. There are two types of National Council Licensure Examination (NCLEX) – one for registered nurses (RN) and one for practical nurses (PN). These are nationwide examinations for the **licensing of nurses** in the **United States** and **Canada**. Many nursing schools provide preparation classes for the NCLEX and there are also numerous online and hard copy study guides.



### What does it do? Why is the NCLEX important to me?

A nursing license gives an individual the permission to practice nursing, granted by the state where he or she met the requirements. To practice as a nurse in any state you must pass the NCLEX examination. You take the NCLEX after you graduate from an accredited nursing program.

For more information about NCLEX visit <https://www.ncsbn.org/index.htm>

## FOR MORE INFORMATION ABOUT NURSING VISIT:

NY Education Department Office of the Professions <http://www.op.nysed.gov/prof/nurse>



Center for Nursing at the Foundation of NYS Nurses, Inc. [www.fnysn.org](http://www.fnysn.org)



American Nurses Association <http://www.nursingworld.org/>



## Website of Where Nurses Work

Academic Settings: <http://www.aacn.nche.edu/>

Ambulatory Care: [www.aaacn.org](http://www.aaacn.org)

Army Nurse : <https://e-anca.org/>

Birth Centers: <http://americanpregnancy.org/labor-and-birth/birth-center/>

Blood banks: [www.nursingtimes.net/the-role-of-nurses-in-blood-services-and-donor-sessions/203858.fullarticle](http://www.nursingtimes.net/the-role-of-nurses-in-blood-services-and-donor-sessions/203858.fullarticle)

Camp Nurses: [www.acn.org](http://www.acn.org)

Case Management: [www.acmaweb.org/](http://www.acmaweb.org/)

Diabetic Educator: [www.diabeteseducator.org](http://www.diabeteseducator.org)

Dialysis: [www.annanurse.org/](http://www.annanurse.org/)

Entrepreneurs: <https://nnbanow.com>

Federal, State and local health departments: [www.usphs.gov/profession/nurse/](http://www.usphs.gov/profession/nurse/)

Flight Nurse: <http://astna.org/>

Forensic Specialist: [www.amrn.com/](http://www.amrn.com/)

Government Facilities: [www.usphs.gov/profession/nurse](http://www.usphs.gov/profession/nurse)

Head Start: [www.acf.hhs.gov/ohs](http://www.acf.hhs.gov/ohs)

Home Care: [www.usphs.gov/profession/nurse/](http://www.usphs.gov/profession/nurse/)

Hyperbaric/baromedical: [www.nbdhmt.org/chrn.asp](http://www.nbdhmt.org/chrn.asp)

Indian Health: [www.ihs.gov/nursing/](http://www.ihs.gov/nursing/)

Informatics Specialist: [www.ania.org/](http://www.ania.org/)

Inventors: [www.fastcoexist.com/3032638/nurses-know-best-empowering-medical-professionals-to-reinvent-medicine](http://www.fastcoexist.com/3032638/nurses-know-best-empowering-medical-professionals-to-reinvent-medicine)

Journalists: <http://healthjournalism.org/blog/category/nursing/>

Legal Consultants: [www.aalnc.org/](http://www.aalnc.org/)

Medical Esthetic Nurse: [www.medicalaesthetics.com/](http://www.medicalaesthetics.com/)

Movie Sets: [www.productionhub.com/directory/profiles/medics-nurses](http://www.productionhub.com/directory/profiles/medics-nurses)

Navy Nurse: <http://nnca.org/>

Nursing Homes: [www.ngna.org/](http://www.ngna.org/)

Nursing Leadership- [www.aone.org/](http://www.aone.org/)

Occupational Healthcare: <http://aaohn.org/>

Parish Nurses: [www.nсна.org/Portals/0/Skins/NSNA/pdf/Imprint\\_Jan09\\_Feat\\_Lueders.pdf](http://www.nсна.org/Portals/0/Skins/NSNA/pdf/Imprint_Jan09_Feat_Lueders.pdf)

Peace Corp Nurse: [www.peacecorps.gov](http://www.peacecorps.gov)

Physicians' Offices- <http://allnurses.com/ambulatory-care-nursing/private-office-pay-112404.html>

Professional Associations: [www.ana-ny.org](http://www.ana-ny.org)

Public Health- <http://phnurse.org/>

Red Cross: [www.redcross.org/](http://www.redcross.org/)

Research activities- [www.fnysn.org](http://www.fnysn.org)

Retail Clinics: [www.rwjf.org/en/library/articles-and-news/2015/02/growing-retail-clinic-industry-employs-empowers-nurse-practitioner.html](http://www.rwjf.org/en/library/articles-and-news/2015/02/growing-retail-clinic-industry-employs-empowers-nurse-practitioner.html)

School Nurse: <http://nysasn.org/>

Simulation labs- <http://www.inacsl.org/i4a/pages/index.cfm?pageid=1>

Traveling Nurse: [www.natho.org/](http://www.natho.org/)

World Health Organization: [www.who.int/topics/nursing/en](http://www.who.int/topics/nursing/en)

Wound Care Specialist: [www.wocn.org/](http://www.wocn.org/)

Writers: [www.amwa.org/](http://www.amwa.org/)

